



**NEW ZEALAND CHINESE ASSOCIATION
AUCKLAND INC**

紐西蘭屋崙華聯會

www.nzchinese_akld.org.nz

JUNE 2009 Newsletter

PO.BOX 484 Akld. 1010



NZCA Auckland Inc. *Website:* www.nzchinese_akld.org.nz

VICE-CHAIRMAN'S MESSAGE

Welcome to the 2009 Autumn edition of the NZCA Auckland Branch newsletter. I write this introduction because our Chairman and his lovely wife are taking a well deserved holiday back to the Mother land.

My name is Richard Leung and I am the new NZCA Auckland Branch Vice Chairman. I have been on the Branch committee for the past 5 years and have been involved in many aspects of Branch activities, I am honoured for this opportunity to serve the Auckland Branch in this capacity and look forward in supporting Kai during the next term.

A new committee was elected on Sunday 26 April at the Branch AGM held at the Mangere Hall. We welcome several new and younger members to the committee for the coming term and also thank those that have volunteered their precious time again.

The new members are Alistair Kwun, Michael Ng, Raymond Kwok, Justin Yang, Melissa Wong and Ken Ginn. David Wong has also been elected Branch Secretary and will be an able replacement for our past Secretary Susan Wong. With the addition of these new committee members we now have a good mix of experience and youth that will keep the Branch in good stead into the future.

We also say thank you to Schep Fong and Gillian Young (who had decided not to stand again), for their contributions to the Branch for the past term. Gillian will continue in her role with the Women's group.

I would like to say a big thank you to 2 previous office holders for their many years of dedication and commitment to Auckland Branch, Edmond Yee and Susan Wong.

At the AGM Edmond and Susan were awarded life Memberships to NZCA Auckland Branch in recognition of their valued contributions to the Branch. They will both continue on the committee in the next Term.

In April a team of over 200 sportspeople and supporters represented Auckland at the Annual NZCA Easter Tournament with success in the Men and Mixed Volleyball, Men Veteran basketball, Tini-ball, Golf and Women's 4 x 100 relay. By all accounts all had a great time and represented Auckland with distinction and enthusiasm. Thanks to Martin Young and his team in organising the team who represented Auckland in Christchurch.

On Wednesday 27 May the NZCA Executive team and supporting Branches meet with the Minister of Ethnic Affairs-Pansy Wong to present submissions that affect the Chinese community in New Zealand.

The 4th Bananas Conference- Rising Dragons, Soaring Bananas is planned for 18th/19th July at the University of Auckland Business School. Registrations are now open. Please visit www.goingbananas.org.nz for details.

The Committee is here to serve in the interest of all our members so we welcome all suggestions and ideas. If you have any comments or ideas for the new committee please do not hesitate to contact anyone on the committee or myself directly. Our contact details can be found in this newsletter.

Richard Leung
Vice Chairman

NEW ZEALAND CHINESE ASSOCIATION AUCKLAND INC.
2009 – 2011 COMMITTEE



Back: Elsie Wong, Lynette Wong, Michael Ng, John Kum, Raymond Kwok, Alister Kwun, Ken Ginn, Melissa Wong
Edmund Yee, Virginia Chong, Connie Kum, Kai Luey (Chair) Susan Wong, Meilin Chong, Percy KaiFong, Donald SewHoy
Absent: Richard Leung (Vice-Chair), David D Wong (Secretary) Justin Yang, Estella Lee, Robert Wong, Vivian Chow

CONGRATULATIONS to the new Committee! Great to see the younger generation standing up and adding to the selfless tasks of serving the Chinese community. Well done ! I wish you all a rewarding term in office. which comes to mind – what has happened to all the **past officers and committee members?** Are you still supporting the organization? I know that some have stayed in touch namely **Ron Hoy Fong** and others who help out most generously in many ways, and its re assuring that with experienced inputs NZCA Auckland is going in the right direction. As members may be aware that **NZCA and ACCC** are promoting a **Seniors Lifestyle Group** and though it is still in its infancy the group has been a great success! Yours truly has attended many Tuesday gatherings – **Tai Chi** taught by sifu **David Wong** in the mornings brings back guilty feelings of no regular practice over the last 5-6 years (Senior moments of forgetting the form). There is a large following every Tuesday – 10am – 2pm so make the effort to come and socialize with a wonderful group. **Mahjong** is another pastime for learners, **Table tennis** for the slightly fitter, bring along your favorite DVD and share it with a terrific bunch of people.

What can I do **to motivate members** to participate in NZCA activities?? I can do with any **suggestions or help** to make our organization more visible and vibrant! You know there are **365 days** in a year - that makes it **52 weeks** a year so do come and join in and share some of your time with us !

Apologies ! apologies ! Not only am I bogged down with editing and trying to produce an interesting Newsletter, I also have the responsibility of keeping tab of the **NZCA membership** data! What a headache ! RRrr rr but someone has to be responsible and do it. I am having the database reconstructed so there will be delays in **Membership Cards** and **Membership Renewals**, so if you have not received your MEM Card then accept my apologies for the delay or -- on the other hand you have not been reminded that your **2009 MEMBERSHIP SUBS** are now overdue ! Your **continued** support is important to our organization to fund activities for members and Newsletters. Do you have any resources / skills / experience or time to volunteer for the organization which you would like to share with the community members ? If so please feel free to contact any committee member with your views or suggestions. Thank you !

Check out the **NZCA Auckland Inc** website www.nzchinese-akld.org.nz regularly for news and events updates concerning our community!

JK Ed

BOOKS FOR SALE

We currently have the following books about Chinese in NZ and globally available for purchase. Please contact Kai Luey on email kailuey@xtra.co.nz or Ph 522 1840 asap as there are only a limited quantity available, and the balance will be sold at the Rising Dragons, Soaring Bananas Conference on 18-19 July 2009.

1. The Poll Tax in New Zealand -- Nigel Murphy(\$25)
2. A Guide to Laws & Policies Relating to the Chinese in NZ -- Nigel Murphy (\$35)
3. NZCA Manawatu Branch Inc 70th Anniversary -- Tony Thackery (\$25)
4. Chinese Dimensions – Their Roots, Mindset & Psyche -- Yow Yit Seng (\$45)

All prices include GST.

There will be a large range of other books available at the Banana Conference in July.

Kai Luey
7/6/09

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CHINESE CROCKPOT CHICKEN

Ingredients:

- 1 cup soy sauce
- 1 cup brown sugar
- 1 cup tomato/vegetable juice (such as V8) or tomato sauce diluted with water
- Salt, pepper, or other spices, to taste
- 3 pounds chicken thighs, drumsticks, wings or a mixed combination

Preparation:

1. Combine the soy sauce, brown sugar and juice and any spices you are using in the bottom of the crockpot.
2. Add the chicken.
3. Cook on low heat for 6-8 hours (overcooking is difficult for this recipe!). The chicken can also be cooked on high heat for first 1 1/2 hours and then turned to low (use your best judgment). The Chicken is done if the meat falls off the bone when removed.
4. Serve the chicken over rice along with steamed vegetables for a full meal.

WHAT'S BEEN GOING ON?

4th May 2009

NZCA Auckland Inc 6th Annual Golf Tournament 2009

Due to the interest and participation by NZCA Waikato Branch at last year's tournament, NZCA Auckland Inc decided to set up an NZCA Inter-Branch Golf Challenge Cup, open to all branches of NZCA. 40 golfers turned out at Onewhero Golf Club – weather was sunny and fine, with a gentle breeze – a change from the cold wet miserable days of previous years.

We were pleased to welcome some new faces, including seven players from the Waikato.

This year we were joined by Mme Liao Juhua, Consul General from the People's Republic of China and Vice-Consul, Ms Zhang Xiangyu. We hope that you enjoyed the day.

Trophies and prizes were awarded to the following players and team:

Best Nett	Bill Ming
Best Stableford	Phillip Sue
Stableford 2 nd	Trevor Young
Stableford 3 rd	Doug Lum
Stableford 4 th	Johnston Luen
Ladies Best Nett	Lena Houng Lee
Longest Drive	Richard Fong
	Lena Houng Lee
Closest to the Pin	Sid Lim

The winners of the inaugural Inter- Branch Golf Challenge Trophy is Auckland 7 (S T Ah Chee, Trevor Young, Phillip Sue and Arthur Young)

The winner of the Chinese Consulate prize was Martin Chong.

Our warmest congratulations to all prizewinners. Our sincere thanks to Mme Liao Juhua who presented the trophies. NZ Chinese Association Auckland Inc acknowledges its supporters and thank them for their generosity:

- Stephen and Andrea Lim (FruitWorld Pukekohe) for their donation of apples and bananas, for the golfers to munch on their way around the course.
- Doug Lum and Barfoot & Thompson Mt Eden for the spot prizes of umbrellas, entertainment books and NZ tour guides books as well as road maps of Auckland City.

My deepest gratitude and thanks to Peter Lee and Jack Chong for the wonderful job they do checking all the score cards – a thankless task, but done with good humour.

Our thanks also to the Onewhero Golf Club for their hospitality and superbly maintained golf course – makes a frustrating game so much more enjoyable when the course is in tip top condition.

We hope that other NZCA branches will join us next year to compete for the Inter- Branch Golf Challenge trophy.

Virginia Chong

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Disclaimer. Neither the association nor any person or persons associated with it accepts any liability whatsoever for the contents of this newsletter which has been prepared in good faith without material reward and to the best of our knowledge is true and correct in all aspects

PARENT. JOB DESCRIPTION

POSITION:

Mom, Mommy, Mama, Ma Dad, Daddy, Dada, Pa, Pop

JOB DESCRIPTION :

Long term, team players needed, for challenging, permanent work in an often-chaotic environment. Candidates must possess excellent communication and organizational skills and be willing to work variable hours, which will include evenings and weekends and frequent 24 hour shifts on call. Some overnight travel required, including trips to primitive camping sites on rainy weekends and endless sports tournaments in far away cities! Travel expenses not reimbursed. Extensive courier duties also required.

RESPONSIBILITIES:

The rest of your life.

Must be willing to be hated, at least temporarily, until someone needs \$5. Must be willing to bite tongue repeatedly. Also, must possess the physical stamina of a pack mule and be able to go from zero to 60 mph in three seconds flat in case, this time, the screams from the backyard are not someone just crying wolf. Must be willing to face stimulating technical challenges, such as small gadget repair, mysteriously sluggish toilets and stuck zippers. Must screen phone calls, maintain calendars and coordinate production of multiple homework projects. Must have ability to plan and organize social gatherings for clients of all ages and mental outlooks. Must be a willing to be indispensable one minute, an embarrassment the next. Must handle assembly and product safety testing of a half million cheap, plastic toys, and battery operated devices. Must always hope for the best but be prepared for the worst. Must assume final, complete accountability for the quality of the end product. Responsibilities also include floor maintenance and janitorial work throughout the facility.

POSSIBILITY FOR ADVANCEMENT & PROMOTION: None.

Your job is to remain in the same position for years, without complaining, constantly retraining and updating your skills, so that those in your charge can ultimately surpass you

PREVIOUS EXPERIENCE :

None required unfortunately. On-the-job training offered on a continually exhausting basis.

WAGES AND COMPENSATION:

Get this! ? You pay them!
Offering frequent raises and bonuses.
A balloon payment is due when they turn 18 because of the assumption that college will help them become financially independent.
When you die, you give them whatever is left.
The oddest thing about this reverse salary scheme is that you actually enjoy it and wish you could only do more.

BENEFITS:

While no health or dental insurance, no pension, no tuition reimbursement, no paid holidays and no stock options are offered; this job supplies limitless opportunities for personal growth, unconditional love, and free hugs and kisses for life if you play your cards right.

There is no retirement -ever.

DID U KNOW ?

Guess who has been genetically modifying pigs and has patents in them? Monsanto

Guess who makes money from Monsanto? Yep ! Donald Rumsfeld .

Tamiflu ingredients:

75-milligram Tamiflu capsules contain:

Oseltamivir phosphate - The active ingredient in Tamiflu

Black iron oxide (E172)

Croscarmellose Sodium

FD&C Blue 2 (indigo carmine, E132) - A synthetic dye

Gelatin - A protein product traditionally made with animal byproducts

Povidone

Pregelatinised maize starch Red iron oxide (E172) Shellac - A "natural plastic" secreted from the female lac insect.

Sodium Stearyl Fumarate Talc - Preliminary links between talc and pulmonary issues, lung cancer, skin cancer and ovarian cancer have been established in studies

Titanium dioxide (E171) Yellow iron oxide (E172)

The 12-milligram oral suspension of Tamiflu contains:

Oseltamivir

Saccharin sodium (E954) - A chemical sweetener linked to cancer in some studies

Sodium benzoate (E211) - When combined with ascorbic acid (vitamin C), sodium benzoate can form benzene, a known carcinogen

Sodium dihydrogen citrate (E331 (a))

Sorbitol (E420) - A sugar substitute that can cause gastrointestinal problems

Titanium dioxide (E171)

Tutti Frutti flavor

Maltodextrins (maize)

Propylene glycol - Although generally recognized as safe (GRAS) by the FDA, propylene glycol is used as a food-grade antifreeze and is the primary ingredient of the paint inside a paintball

Arabic gum (E414)

Natural identical flavoring substances (mainly banana, pineapple and peach)

Xanthan gum (E415)

* * * * *

Dear Friends,

As you know, thanks to the Banana Conference some years ago and the subsequent financial support received for the publication of the bilingual reader *Legends and Tales from Ancient China*, the book is now available, and many of you have already purchased your copy. I am just sending this out as a reminder to those who haven't, or to those with children learning Chinese that copies of the book are still available. We have included on the CD Rom the readings of the stories in Modern Standard Chinese (Mandarin), Cantonese, and English. The traditional characters for the stories are also on the CD Rom. These can be downloaded and printed for those who prefer them.

Mary Gray

Past President NZ Chinese Language Association: Former President and Life Member NZ China Friendship Society ;
Life Member NZ Association of Language Teachers ;

email: vinmary.gray@paradise.net.nz

75 Silverstream Rd. Crofton Downs . Wellington, 6035 NZ Phone/fax 64 4 973 5939

Women's Group Trip to Awhitu

With summer drawing to a close, the women's group--(spouses included) are making the most of the fine weather left on outings before the inclement weather makes indoor meetings more practical. If you missed out on this trip to Awhitu Peninsula, next time you will know to book early because within days of the trip being circulated on email, word of mouth and newsletter, the bus was fully booked with a waiting list of 11.

So 44 of us headed out on the southern motorway with Bill our extremely affable and reliable driver. He is so conscientious that when an outing comes up he makes a trip out to suss things out so he knows exactly where to go. We are never lost!!

Awhitu country market was our first port of call where we were left to browse and shop to our heart's delight or just sit and have a cup of tea and a scone but it was very evident that no one left there without making a purchase at any one of the stalls. Fresh organic fruit, veges, preserves, chutneys, pickles, and handcrafted et al, all of extremely high quality. The time allotted here went all too quickly but we had three more places on our agenda to visit.

Next stop was to Orua Bay to the bird park and garden which was also where we were to have lunch. The aviaries are set in beautiful gardens giving us excellent opportunities for photo shoots of the gorgeous coloured galahs, pheasants, finches in their cages and chickens which roamed around freely outside. Joey the cockatoo was a hit with all of us. The Birdcage Restaurant is on site but we all opted to sit outside at tables under sun umbrellas partake of this delectable lunch laid out for us under the trees. It was country cuisine at it's very best. All homemade on the premises. Buttery pastries, savouries, sausage rolls, minesh tarts, butterfly cakes, and many more varieties. Apparently all recipes from the early Edmonds cook book I was told. I'm sure not one of us worried about dieting today as there was more than enough to satisfy the biggest appetite and we weren't looking to see who ate what and how much!! (I could have quite easily have had a little kip after lunch. It was warm and I had eaten too much!!)

On to the Manukau lighthouse and Signal Station. Where we were given a great talk on the history of the lighthouse by Paul Dixon a local author and also guide before we wended our way to the top of the lighthouse, and the breath-taking views of the Manukau Harbour were absolutely spectacular. We often don't appreciate what we have at our own backdoor before embarking on an O.E. It's no wonder the tourist dept ad. says " Don't leave town until you have seen in NZ." Sue, Paul's wife obligingly ran her station wagon up and down the hill for those of us whose legs and knees were a little tired.

Earth Talk our last port of call Earth talk is owned and run by two women who had a great vision of turning a eleven and a half hectare unit for dry stock into an organic and sustainable land development. Having a good relationship with mana whenua whom they bought the land from and having it blessed by them must have been the reason together with hours of back breaking work turned it into a great success. One wanders through the banana plantation entwined with tamarillo and walnut trees and down the paths to the vegetable and fruit garden amongst flowers---- companion gardening and all organic.

They also have farm-stay for women if you are in need of re-charging your batteries, placement for students of organic gardening and need to qualify for the practical side and also for WWOofers a world wide organization of volunteers who earn their keep by working. A great way to see the world. So after our tour around this wonderful place we were all ready to get on the bus to go home, chat or have a little snooze. Tired and happy.

It must give these two professional women great satisfaction to retire from that life to take up the hard but good life to turn a dry dusty area into a near paradise on earth.

E.W

**Life isn't about waiting for the storm to pass...
It's about learning to dance in the rain.**



Special Olympics

New Zealand

Be a fan™

From the Chief Executive Officer – Special Olympics New Zealand

The “Special Olympics movement” globally influences attitudes and policy to change the lives for those people with intellectual disability and their families. We are a recognised leader in programmes that improve health and fitness for all our athletes, resulting in enhanced well being and quality of life.

Special Olympics New Zealand is accredited by the global organisation to work with families of all ethnic diversity in New Zealand. Many of these programmes have been adapted to support ethnic communities where there are members with any intellectual disability. This may include Downs Syndrome, impairment as a result of an accident, autism and chromosome disorders.

Over the last four years participation numbers in our programmes in China have more than doubled. In New Zealand our potential catchment for intellectual disability is approximately one percent of the total New Zealand population however our numbers of migrant Chinese engaged with our organisation are nearly non-existent. As an organisation, we are keen to learn how our resources could be adapted for use by members of your community throughout New Zealand on an individual basis or in small groups on a confidential basis if required. I appreciate that the numbers may be small. The key for me is to create awareness within the New Zealand Chinese community given the success we have observed in China. We have extensive resources written in both English and Chinese that could be used to assist any members of your community with intellectual disability.

Our strength is to transform, unify and inspire people that are engaged with Special Olympics. We provide growth and personal development for all New Zealanders with intellectual disability to give them dignity and empowerment. I welcome direct contact from any members of the New Zealand Chinese Community where we may be able to provide assistance. My contact details are as follows:

Kathy Gibson

Chief Executive

Tel: (04) 5600-356

Email: kathyg@specialolympics.org.nz



Men's U21 Basketball



Women's Relay Team

EASTER TOURNAMENT - Christchurch 2009

This year's NZCA Easter Sports Tournament was held in Christchurch and Auckland was represented by 175 people participating in at least one sport and over 200 including parents and spectators. This was the largest contingent that we have ever sent away to an Easter Tournament. Our contingent was the largest out of all the regions represented at Christchurch - even larger than the hosts.

NZCA Auckland provided hoodies for each member participating in the tournament. We were by far the most visible group at the tournament and they really helped identify the Auckland teams. The final design was selected from submissions from members of the contingent and was a design based on a popular magazine title.

The majority of the contingent stayed at Stonehurst Accommodation in central Christchurch. Having everyone in the same place made it easy for everyone to chill out when not at the many tournament locations. It also made organising rides to all the sports and socials easier. We hope that we can book a place big enough to accommodate us all next year!

Transport was a major logistical challenge with so many people needing to be at many different locations all throughout the tournament. Teams were driven to and from venues in mini-vans sponsored by ACCC. Thanks to all the drivers – many of whom spent much of their time driving all over Christchurch.

We had much success at the tournament and nothing but positive comments about the organisation of the tournament and the Easter Tournament experience from Auckland competitors. The challenge will be to cater for ever increasing interest with the tournament growing rapidly each year. We are already looking forward to next year's tournament in Wellington.

A summary of winning Auckland Teams:

- Men's Volleyball
- Mixed Volleyball
- Men's Veteran Basketball
- Tiniball Basketball
- Women's 4 x 100 Relay Team
- The Golf Team

Some Tournament Highlights:

Volleyball

This was the first official volleyball Men's and Mixed tournament in the South Island. Our Mixed A team went through to play our other Auckland team (Wanfang) in the Mixed Final. Auckland A won in 3 sets to 1 (best out of 5 sets). The Men's final was also an all-Auckland match. Auckland A played Wangfang Auckland in the final. The Men's final was won by Auckland Wangfang in three sets.

Basketball

The Auckland Tiniball team was one of only 2 successful basketball teams in Christchurch. It was heartening to see many of the attacking and defensive skills, learnt during Sunday practices, coming to the fore during that game. While Tiniball is an unofficial Easter grade, we are proud that our young Aucklanders were ultimately successful in winning their grade. Auckland won the Men's Veterans competition in Christchurch but had to do it the hard way with only 7 and 6 players available respectively for the 2 round-robin qualifying games, winning against Canterbury and losing to the old foe, Wellington. Those results were enough to qualify the team for the final as second qualifier. In the final Auckland steadily built a lead throughout the game that was never relinquished and redemption was earned in the form of victory: 39-20.

Indoor Netball

The four teams from Auckland catered for both competitive and social players with a superb display of netball all around. As the entire competition took place on a single evening, each game was short – but intense – which made for great spectating. Despite our valiant efforts, our top Auckland team was not able to take out the competition, placing third behind the top two Wellington teams. A definite highlight on the night was the clash between the two social Auckland teams, which drew passionate support from all onlookers.

Athletics

Athletics was held early on Monday morning and only the crazy or the super keen were hanging round the wet grass track at Burnside High school. The girls' 4x100m relay team which consisted of Patricia Lai, Dana Lee, Stacey Kong and Chloe Cheung, took the lead right from the starting gun and lengthened it with every leg ending with Dana crossing the line a significant distance in front of the Otago runner... and so Auckland took the women's relay trophy for the third year in a row!

Touch Rugby

Auckland had one mixed and one men's team competing. The Men's team showed tight defense and dangerous attack in all their games that took them through to the finals to play Canterbury. The final was closely contested with Canterbury eventually winning by a very close margin.

Indoor Soccer

With indoor soccer being on the first night, the three Auckland teams turned up to the freezing cold sports centre with loads of energy. Auckland A ended the night in 3rd place with 4 wins and 2 losses. Auckland B gained an impressive second place, losing to the competition winners Wellington with a hard fought 1-nil loss.

Golf

Defending their title won in 2008 and making up Team Auckland were Aaron Lowe, David Lu, Wayne Joe and Ashley Chong. The competition was held over two days and the team managed to hold on to their overnight lead and win the tournament by the narrowest of margins.



Tini ball Team

Hockey

From five people going to Dunedin two years ago, to twenty-one people heading down to Christchurch this year, and with experience ranging from "nothing" to "skilled", the final game was Auckland A vs Christchurch. Auckland A was down to no subs with injured and sick players. It was a very tense game but Christchurch took the honours by 1 point.

* * * * *

"MALAY GOLD" OR Chiffon Cake (Pandan Cake)

DAIRY FREE: Traditional Asian Cake

8	eggs separated ;	½	cup cooking oil (any)
8oz	sugar (1 teacup)	½	cup coconut cream
8oz	flour (2 cups sifted)	2 tsp	baking powder
1-2tsp	Pandan paste (natural green coloring optional)		
½ tsp	cream of tartar		

METHOD:

Separate egg and white; Mix egg yolk, oil, and ½ sugar until smooth;

Add sifted flour, baking powder, coconut cream and Pandan paste.

In another bowl beat egg white and ½ sugar together.

Add cream of tartar, whisk until firm and *soft-peck* form, fold egg white into flour mixture.

Bake @ 350F or 180C for 45min: 1 hour (need to check) When ready turn the cake upside down and stand until cold before removing it from the bund tin. Tin must be ungreased

New Zealand Chinese Association Auckland Inc

Chairman's 2009 Report delivered at AGM 26 APRIL 2009

The major highlights of the Auckland Branch activities since my report to the last AGM held on Sunday, 13 April 2008 are as follows :-

- **Arranging the “Dragon” sculpture gift to the NZ Beijing Olympic Team on behalf of the NZ Chinese community. A special thanks to the major donors and the fundraising supporters. The original is now located permanently in the foyer of the Chinese Olympic building in central Beijing and the replica is in the entrance foyer of the Auckland City Library for the next two years.**
- **Holding the NZCA Olympic Celebration Dinner on Saturday, 9 August 2008 at the Sichuan Restaurant which was enjoyed by over 200 persons. Presentations were made at the dinner to the Auckland Branch members who won NZCA Academic Awards and to the gold, silver and bronze donors for the Dragon Sculpture gift (and replica) given to the 2008 NZ Olympic Team.**
- **Organising the series of NZCA Auckland annual sports tournaments with the golf held at Onewhero Golf Club on 17 August 2008, the lawn bowls at Mt Eden Bowling Club on 31 August 2008, the volleyball at the Tamaki College Community Recreation Centre on 11 – 12 October 2008 and the basketball held at ACCC Mangere Hall on 26 – 27 October 2008. A special vote of thanks is due to the various organizers for the time and effort they devoted to make these events so enjoyable and for attracting participants from outside Auckland.**
- **Resurrecting the social ten pin bowling event at Superbowl Panmure on 19 October 2008 followed by dinner at the Hansan Vietnamese Restaurant.**
- **Organising two memorable outings to the big Buddha at Warkworth on 6 April 2008 and the Waitomo trip on 4 October 2008 which were enjoyed immensely by a full busload of NZCA members.**
- **Holding a dinner to welcome Consul General Liao Juhua and to farewell Deputy Consul General Wang Jianzhou at my home on Thursday, 23 October 2009.**
- **Celebrating the start of the festive season with our annual Xmas BBQ at Mangere Hall on Saturday, 6 December 2008 and welcoming in the year of the Ox with our Chinese New Year Dinner at the Imperial Garden Restaurant on Saturday, 24 January 2009. Both functions were well supported by members and friends.**
- **Hosting the 3rd NZCA Leadership & Development Conference at Willow Park Convention Centre, Eastern Beach on 1 – 6 February with 44 “Future DragonNZ” from throughout NZ. This event showed the benefit to NZCA of this initiative because the Organising Committee was headed by six participants from the previous two events held in 2007 & 2008.**
- **Organising a NZCA tour group to visit the authentic Chinese Gardens and special museum displays in Dunedin followed by a visit to the Chinese goldfield sites at Lawrence and Arrowtown on 21 – 22 February 2009**
- **Starting a Senior Lifestyle Group which meets every Tuesday for tai chi, conversational Mandarin classes, mah jong & other activities with outings also arranged on a regular basis.**
- **Organising the Annual Seniors Yum Cha at Sun World Millennium Restaurant on 1 April 2009 which was enjoyed by over 80 members**
- **Continuing with regular activities by the Women’s Group and the Bi-lingual Language Music School**

Upcoming activities currently being planned are the annual golf and lawn bowls tournaments, the New Generation Initiative for the 20s & 30s years old and the Rising Dragons, Soaring Bananas International Conference being organized in conjunction with the International Society for the Study of Chinese Overseas on 17 – 19 July 2009 at the University of Auckland Business School.

In conclusion, I wish to thank the members of the Executive Committee who have dedicated a considerable amount of time and effort in planning and organising the Branch activities as outlined above, and especially to Gillian Young and Schep Fong who are not re – standing for the new Committee.

Kai Luey
Chairman

N Z Chinese Assn. Akld Inc

FINANCIAL REPORT 1 January - 31 December 2008

Balance 1 January 2008 - 00 a/c **2385.26**

RECEIPTS:

Subscriptions - 2009 (135)	1350.00	
Subscriptions - 2008 (842)	8420.00	
GST. Refund	1202.56	
Interest	113.67	
Donations	225.00	
Book Sale Profit	151.50	
Profit / Entertainment Book Sales	429.00	
Fundraising Events - Surplus	4476.20	<u>16367.93</u>
		18753.19

EXPENDITURE

Printing and Stationery	1974.13	
Website URL	3937.50	
PO.Box Rental	150.00	
Conference Expenditures	570.90	
NZCA Easter Sports Tournament Subsidy	3200.00	
Donation NZCA Olympic Gift (Sculpture)	1000.00	
Donation Sichuan Earthquake Fund	1000.00	
Donation NZ. Growers Assn.	500.00	
Subsidy LDC - 20 X \$100	2000.00	
Achievement Award Trophy	99.90	
Sports Tournament Expenses	617.11	
Meadowbank Comm. Centre	72.00	
Dragon 2008 - Grant ~ 2 X \$300	600.00	
Xmas BBQ and Social Expenses	2325.54	<u>18047.08</u>

BANK BALANCE

706.11

Income Statement for Year Ending 31 December 2008

Total Receipts	16367.93	
Less Subs for 2009	<u>1350.00</u>	
	15017.93	
Less Expenses	<u>18047.08</u>	
Deficit for Year		<u><u>-3029.15</u></u>

Continued.

ACCOUNT BALANCES - 31 December 2008

	Jan-08	Interest 2008	31.12.08
00 a/c Current Account			706.11
Term Deposit	21842.93	2120.18	23963.11
02 a/c Events Account			19514.32
Current Account			
Term Deposit	30000.00	3533.33	33533.33
03 a/c Chinese School a/c			8135.11
Current Account			
04 a/c Easter Tournament			106.92
Current Account			
Term Deposit	14051.87		
Tournament Surplus 08	24092.17	3745.93	41889.97

Generally the Term Deposits represent Accumulated Funds

	23963.11
	33533.33
	41889.97
Accumulated Funds	<u>99386.41</u>

The monies in the Current Accounts are for the management of various activities of the NZCA Auckland Inc.

Thank you for your continued Support

Connie Kum

Treasurer

* * * * *

“馬來文金獎”及 Chiffon 蛋糕 ((潘丹蛋糕))

奶牛免費：傳統亞洲蛋糕

8 雞蛋分開; ½ 杯食用油 (任何) 八盎司糖 (1 茶杯) ½ 杯椰子奶油
8 盎司麵粉 (2 杯篩選) 2 茶匙發酵粉 1 - 2tsp 潘丹粘貼 (天然綠色色可選)
半茶匙奶油的韃靼

方法：

單獨的蛋和白色;混合蛋黃, 油, 糖和半之前順利; 新增篩選麵粉, 髮粉, 椰子油和潘丹粘貼。
在另一碗擊敗蛋清和半糖在一起。
購買冰淇淋的韃靼, 拂塵, 直到公司和軟派克形式倍蛋清到麵粉的混合物。

烘烤@ 350F 或 180 條 c 為 45 分鐘：1 小時 (需要檢查) 當準備把蛋糕倒和立場, 直到冷戰, 然後刪除它從外灘田。沙田必須 ungreased

Minutes of AGM held April 26 2009 at ACCC Hall, commencing at 2.10 p.m.

Present:

See attachment

Apologies

Florence Hing, Bing Hing, Jenny Sew Hoy, Vivian Chow, David Wong, Justin Yang, Janet Hong, Graham Hong, Doreen Ding

Prev AGM minutes presented by Kai Luey, seconded Susan Wong - adopted

Chairman's Report - as attached, tabled by Kai Luey, seconded Connie Kum - adopted

Treasurer's report - as attached (name of second account to be amended) tabled Connie Kum, seconded Virginia Chong - adopted

Election of Committee

Members as detailed on board, put forward for election to the committee by members at the AGM. Susan acknowledged the two nominations for her to remain as secretary and thanked the nominators for their support, but advised the meeting that she would not stand for that position and supported the influx of incoming new younger committee members.

Kai Luey thanked and acknowledged the two outgoing cttee members, Gillian Young and Schep Fong, and the two members of the executive stepping down at the election, Ed Yee and Susan Wong. He talked on the progress of NZCA over the period of his tenure and welcomed the new younger members and their role in NZCA, and foreshadowed that he was considering stepping down at the next election after ten years.

Gillian Young presented a letter from members Janet Hong, Graham Hong and Doreen Ding requesting a proxy vote. The constitution does not permit proxy votes, and the letter was tabled, but unable to be acted upon

Members at the AGM ratified the new committee as nominated,

Chairman - Kai Luey

Vice Chairman - Richard Leung

Secretary - David Wong

Treasurer - Connie Kum

Ed Yee, Susan Wong, Elsie Wong, John Kum, Percy Kai Fong, Vivian Chow, Estella Lee, Donald Sew Hoy, Virginia Chong, Lynette Wong, Robert Wong, Raymond Kwok, Melissa Lee, Alistair Kwun, Ken Ginn, Justin Yang

In declaring the cttee elected, the cttee were reminded that the next meeting is on Thursday, April 30 2009

Amendment of Constitution - change to Life Membership rule

Motion on proposed rule change as had previously been discussed, was tabled. Proposed by Ed, seconded by Kai.

Wellington Choy suggested a change, and after discussion the motion to change the original motion was adopted, and the revised substantive rule change was voted on and adopted.

Cont.

General Business

Life Membership Awards -- Kai put forward a motion under the old existing rules that Ed Yee, Gillian Young and Susan Wong's contributions to the community be acknowledged by awarding them life membership. Motion seconded by Connie and Virginia. Passed. Donald Sew Hoy spoke in favour of the motion. Kai suggested that the awards be made at the Moon Festival dinner

Membership -- John urged members to renew their membership, and also assist in getting new members involved

Easter Tournament report -- Martin Young, President, reported that the 2009 contingent to Christchurch was the largest contingent ever with 175 participants, and together with supporters numbered approx 200. NZCA's support in providing hoodies to the contingent was much appreciated. Auckland won through to many semifinals, and won the vets and miniball bball, and volleyball. Auckland's contingent was even larger than that of the host centre.!!

Bananas update - July 18 & 19, -- Al promoted the 2009 conference, distributed the new fliers and promoted registration on the new website.

Fundraising - NZCA have Entertainment book on sale, provides a \$13 return to NZCA on each book

Women's Group -- Gillian advised that WINZ were coming to next meeting on 16 May - WINZ would talk about entitlements. Kai noted that the group was very popular, with over 40 at Brian Young's April 2009 photo show of his recent trip to the Middle East.

Senior's Group -- Kai reported on this new successful and regular initiative.

Wellington Choy suggested that a **trust structure** could be advantageous in relation to donations. Cttee to consider proposal

Meeting closed at 3.10

Followed as usual by a scrumptious afternoon tea

* * * * *



**NZCA
GROUP TRIP
GATHERING
AT THE
AWHITU
LIGHTHOUSE**



AWHI TU LIGHTHOUSE TALK above ^



BRI AN YOUNG'S TALK ON HIS SOUTH AMERI CA TRIP



OVER 70'S FREE YUMCHA @ SUNWORLD RESTAURANT



AKLD TOWNHALL I N CANDY COLORS



NZCA SENI OR LI FESTYLE GROUP @ MACADAMI A FARM



MOTUTAPU TREE PLANTING TRIP

17 MAY 09

Early rise - 6.30am! Take in some early breakfast while the wife prepares some lunch for the day's trip! Where is the weetbix? Kettle on?

Rush outside to check the day's weather, cool! the sun is performing its duty shining thru the maize of fluffy cloud formations. Oh yeh, there it is. Herald on Sunday - stuffed into the Herald compartment beside the new metal letter box that I had hastily replaced just a week earlier. Would you believe the old wooden one has been there since the year dot? Well over the past 30 or so . it did get a couple of paint jobs I have to admit..

And as the years worn on it began to lean on different angles, depending which way the wind blew.

I know for a fact that our postie hinted that the

letterbox was past it's useby date. A couple of times the rear door parted from box and was left lying on top of the lawn! The hinges have 2 inch screws to fasten the door onto the box! how could the door detach itself ? and without help!

News? What do we call news these days? Front page – 3 killed! Leaky homes ! which reminds me that I have some chores around the home which I am constantly nagged at to attend to. And as I flip thru the pages –negative –negative news. Now for the cup of tea.

Ring- ring –rng! Who is at the front door? Elsie.! I had suggested to car-pool and save taking extra vehicles into town. We are now waiting for Meilin before we head off to pick up another car-pooler.-Virginia -- this girl has put a load of Sunday washing on and expects to hang it out in 20mins! Must be on economy cycle and maybe robotic arms! We eventually arrive at the Ferry Building just before 9 o'clock. And no speeding!

Today, the powers-that –be has rewarded us with a gorgeous sunny day. Giving way to our suspicions of that horrible, horrible you know what weather when you want it to be fine! We mingle amongst the crowded archway where other groups were also congregating .After finding Estella (NZCA social organiser) we part with our monies to pay for our Ferry tickets (all 11 of us) then head along down to Pier 2 where we queued up to board the Fullers Ferry to Home Bay. Motutapu where we will test our skills in planting trees for the Restoration Trust, before sight-seeing around the Island. This Restoration programme is ongoing and happens twice a month.

9.15 am. and the ferry is departing from downtown Auckland ,feeling excited? – well, maybe relief from working - the beginning of a journey to? Look! the Ferry Building! the Wharf!. The large buildings and the Sky Tower! they are moving further away and beginning to fill a beautiful scene that one can cut out and paste onto a postcard! Dream on !The hum of the ferry engines and the sounds of the water splashing against the ferry making small waves as we sailed across the Waitemata Harbour towards Devonport is so relaxing, sound of music that travellers are so familiar with. I reach for my back-pack and fish out my trusty camera to capture some sights that will record my days outing.

One Tree Hill? only without the tree, Mt Eden? doesn't look too big from here. Sky tower? looks taller today. Cranes? container cranes look like works of art. Small boats, little boats, sailing boats – each moving on the harbour with some purpose of urgency. The view of Rangitoto Island and Mt.Victoria. Devonport looks a little different from Fullers Ferry here in the middle of the harbour.

The ferry makes a stop at Devonport where more volunteer tree planters from Takapuna College clambered on board , who adds to the 30 or so volunteers from Mt.Roskill Grammar School - the constant chatter of school kids added to the sound of the engines and splashing of water – what amix. Its great to see so many happy ,noisy children enjoying themselves as the ferry sails onto Rangitoto Island to drop off the many day trippers,,then continuing on to Home Bay. There are now approximately 130 people



left in total heading for a challenging day on Motutapu. which was filled with native bush, forest and birds before the European purchased part of the Island and cleared most of the land for farming. The 130 or so remaining on the ferry are going to contribute a day to restoring the Island back to its original. Would you believe Motutapu Island is over 160 million years old? That's another story

10.15 am; We all disembarked onto the jetty at Home Bay and once our legs were on 'Terra Ferma' we were warmly greeted by the Motutapu Restoration Trust members and were given an outline on the days tasks ahead for us 10.30 am on a sunny Sunday morning I find my backpack and I trekking the Motutapu Walkway along with the other 100 plus volunteers, dress in winter attire, backpacks and gum boots, heading up to the assigned area where we will be toiling for some part of this sunny day.

15 minutes on and we are trailing in single file along the Rotary Centennial Track. Track! There was a track! 400 metres on and I found myself trekking up, yes UP! On a hilly slope covered with tussock and long grass. We were told a 20 minute walk! yes - the younger ones overtook us and after many stop / starts my mate Percy and I finally reached the top to join one of the groups for instructions. Earlier the College and University group were designated to plant on a steeper part of the island . Steeper? If where we were planting wasn't steep enough I wouldn't be where they were going plant today!

11 O'clock and after our instructions to pair off in twos or threes – this method in sharing made it easier and more sociable - one to use a spade to dig a hole and the other to plant the tree or seedling. Try pulling up large clumps of vegetation on a 45% slope . NOT EASY! The sight of grown-up seniors frolicking in the grass on the slopes of Motutapu Island on a sunny Sunday afternoon is a sight to behold! Where is the camera? Get off the grass ! Any more trees? On the serious side everyone got their A into G and after a hilarious couple of hours we got the bell for a well deserved lunch break !

1.30pm; Climbing back up the slopes to find a level section to set up for the lunch, spades returned – rubber gloves off – backpacks re surfaced with our prepared lunches and drinks. Oh the chance to sit down! Glorious! Watch out for the damp grass! The view from the top was beautiful, the green pastures, hilly landscapes, blue skies, sailing boats on the blue waters in the horizon and all around the Island- Water ! Fantastic! Back to reality! During lunch break I was glad to hear that as we all worked so efficiently, we had actually planted our tree quota – no more digging or planting for today. Yippee! Job accomplished! Wasn't too much hard work. Maybe I'll volunteer again in the future!

After re-packing our backpacks NZCA Group were given the option to a guided sightseeing tour of part of the Island and being the easier option rather than retracing the sloping route we had climbed earlier in the morning we jumped to it. Here we took a leisurely hike, walking over sheep droppings and fresh cow patties – yuck! no wonder the grass looked so healthy. We walked past the Military Installations which stood dilapidated and rustic exposed to the elements since WWII, The Tunnels and Bomb shelters also dotted the landscape giving an eerie feeling of the war years gone by. The WWII Gun Emplacements were also a sight not often seen by us city folks. And the view from top of the ridge and all the way to the Lookout was picturesque and beautiful. You had a chance for this trip! Don't miss it next time when Estella has time to organise another in the near future.

2.00pm; We headed back to Home Bay after spending some at the Lookout, again hiking pass the Gun Emplacements, Bomb shelters and Military Installations, and the only shots you heard were from the group using Digital Cameras! Our guide Ken, took us through the Wetlands Track where re-forestation had been planted for over 10 years now, the results can be seen as astounding, and to think that our contribution will look similar makes us proud that we had done our little share! The track winds down for some 30 mins or more. Through Ferns. Whau, Puriri, Flax and many other varieties of native flora and trees until we come out onto the road which takes us to the old Reid's homestead, built in 1869. This homestead was recently restored . Ahh, isn't it good to find somewhere to sit and rest my weary legs! And the smell of barbequed sausage –yummiieee. A 6 pak would do nicely thanks? We laze around for some time and then we headed back slowly towards the jetty to meet the ferry back to Downtown Auckland via Rangitoto and Devonport. What a day! And now it is starting rain. The powers that be have looked down on us today and they say Good deeds are always rewarded just rewards.

4.30 pm; So goodbye ferry on a Sunday afternoon! Come on Monday and what about a massage? Sleep! I need to rest!



WOMEN'S GROUP NEWS

The Women's Group will celebrate its 10th anniversary in July. The years have just flown by! We have had some more enjoyable outings and meetings this year.

Our trip ferry to Motuihe Island, first planned for 14th February, had to be postponed several times due to inclement weather. We eventually got there on 14th March and had an interesting guided tour of the island. It was a pleasant social outing.

On Sunday March 29th we took a day trip to the Awhitu Peninsula. We had a full busload of 44 people plus 6 more in private cars following the bus. First we visited the monthly Awhitu Country Market where local organic produce and arts and crafts were sold. Then we went to the Orua Bay Bird Park seeing many varieties of birds. There we were able to have a lovely homemade lunch at the tearooms on site. After that we drove up to the top of the peninsula to the Manukau Heads lighthouse. From that point we were able to take in stunning views of the surrounding areas. Our last stop was the large 28-acre 'Earthtalk' property where we were shown around by the owners seeing many native plants as well orchards and organic vegetable gardens.

At Meadowbank Community Centre, on Saturday 18th April, Brian Young gave a talk about his recent travels to the Middle East. He visited Israel to see Jerusalem, Bethlehem & Nazareth. He also went to Syria to visit Damascus, then to Jordan and Dubai. He showed many photographs of his interesting trip.

At our meeting on 16th May, 2 speakers from WINZ (Work & Income New Zealand) gave a talk about Superannuation, including topics such as 'living alone' allowances, widows benefits, income/asset testing, loans for urgent health problems and essential household repairs and information about the 'SuperGold' card for seniors.

Coming Up :

On June 20th, a speaker from 'Arthritis New Zealand' will be coming to speak about the different forms of arthritis, the causes and treatments available. It should be an interesting and informative talk. Arthritis can occur at any age. Both young and elderly may be affected.

To celebrate the 10th anniversary of our Women's group, we are planning a mid-winter 'Yum char' lunch. This will be held on Saturday 25th July at a Chinese restaurant in either Newmarket or Greenlane, yet to be decided.

If interested, or if you have any queries about our meetings, please contact Gillian or Florence. You will need to reply by Thursday 16th July at the latest if you wish to join us for the Yum Char lunch. Both men and women welcome on this occasion.

Our meetings are usually held at 1.30pm on the 3rd Saturday of each month at Meadowbank Community Centre, 29 St Johns Rd, Meadowbank, near the Meadowbank Shopping Centre. New members always welcome, so please ask your friends and relatives to come along.

Gillian Young Ph. 528 9008 email youngz@ihug.co.nz

Florence Hing Ph. 528 6920 email bfng@xtra.co.nz



Senior Lifestyle Group

For the past 3 months or so, a dedicated group of Seniors have gathered at the clubrooms at New North Rd. to learn the gentle art of Qigong under the tutelage of Shifu David Wong, ably assisted by Rosemary Tan, and thus far, our group of between 25 - 30 keen students have just about reached the stage where the sighs of exasperation from Shifu, have diminished quite considerably since the time when we had our first lesson, and it is my belief that both teacher and pupils have reached the stage where both parties look forward to our weekly sessions where "Repulsing the Monkey, Cloud Hands, " and many other moves, have become automatic.....well, nearly!!!!

After an hour or so going through the warm up exercises, deep breathing, and the 18 basic movements, I'm sure that each and every one of the participants find that their "Yin & Yang " are in perfect harmony, and the sense of wellbeing felt by the participants are well worth the effort. However, all the good achieved could be negated by the morning tea / lunch that we have afterwards, but we don't let a small detail like that spoil the morning.

After partaking of the eats, we sometimes have a speaker come to speak of relevant topics such as preventing heart attacks and healthy eating etc. This is followed by a session of learning to speak Mandarin conducted by Stan King , and eagerly followed by a very keen group.

Other activities include playing Mah Jong and table tennis, and we even have the equipment to play indoor bowls, so no one should be idle during the 4 hours that we spend here. Extra curricular activities every few weeks, are going on outings outside, such as riding the ferry to Devonport, having a leisurely stroll around the village, then having lunch there before making our way home again.

On another occasion, we drove out to Muriwai to see the Gannet Colony, and carrying on to Helensville to a macadamia nut farm, where we had lunch at their tearoom before touring the farm, which incidentally is owned by Chinese from Shanghai now, then patronising the shop for nuts after a very generous sampling of their products, before wending our way home after stopping at a fruit & vege stall to replenish supplies of their fresh produce.

In conclusion, I would like to recommend these very enjoyable activities to those who wish to further enhance their lifestyle in retirement.

PFK.

**** Would the person who borrowed a Mahjong set from the ACCC premises please return it ASAP !! It's now been 5wks!**

NEW ZEALAND CHINESE ASSOC Akld.

cordially invites you to the

September ** MOON FESTIVAL ** Dinner

Sat. 12 Sept.2009 @ 6.30 pm.

***Mandarin Palace Seafood Restaurant
17 Aviermore Dr. Highland Park***

Admission: \$35 pp.

\$25. (under 12)

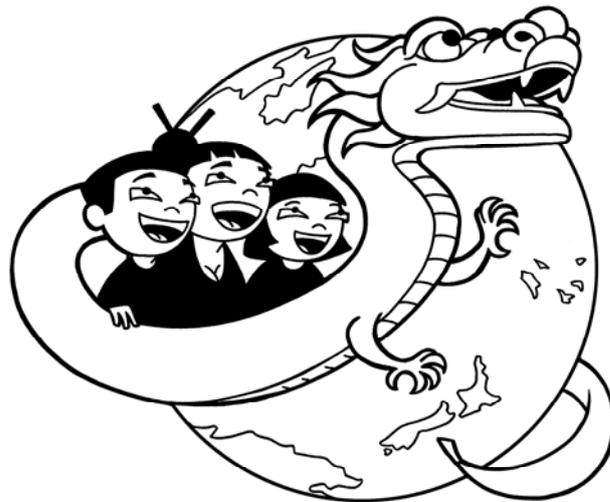
BYO

Organise your group now !

Booking reservations: Connie; P: 625 8611; E; cojay@xtra.co.nz

RISING DRAGONS, SOARING BANANAS

Registrations are now open for our popular and iconic Going Bananas Conference, returning to Auckland on July 18 and 19. Take advantage of the earlybird rate (before 31 May) by securing your place at www.goingbananas.org.nz



This year's conference, Rising Dragons, Soaring Bananas, is presented in association with the International Society for the Studies of Chinese Overseas (ISSCO). The 2009 event challenges perceptions of what it means to be Chinese and celebrates the journeys, stories and identities of leading Chinese personalities making an impact in New Zealand and on the global stage.

Star-studded speakers span the creative arts, academic, community and business sectors and include: Libby Wong (Writer and former Hong Kong Legislative Councillor); Marcus Lui (Creative Director, The One Centre, Sydney); Mai Chen (Chen Palmer, Public Law Specialists); Don Ha (Real Estate Entrepreneur); Ron Sang (Architect and Art Collector); James Ng (Eminent Historian) Victor Huang (Animator, Weta Digital); Natalie Chan (Fashion Designer); Peter Li (University of Saskatchewan); Tan Chee-Beng (Chinese University of Hong Kong).

“Our event throws a spotlight on stories of those who have overcome personal and professional challenges on the road to success. Stories provide us with a means to connect with each other and understand the complexities around who we are,” says Kai Luey.

“The collaboration with ISSCO adds a deeper dimension, lifting the conference from local stories to a global conversation around the place of the Chinese overseas. Audiences can enjoy a rare chance to sample a variety of international viewpoints from Russia to South Africa, from Australia to the United States,” adds Manying Ip, Oceania Director, ISSCO.

Please help build interest in the conference by spreading the word through your network and visit www.goingbananas.org.nz for complete conference information.

NZCA AUCKLAND INC. CANTONESE MUSIC SCHOOL

The vision of the School is to encourage the learning of our heritage language – Cantonese – so that the children can communicate to their grandparents.

To accommodate those parents and grandparents who have little or no knowledge of the Chinese language and culture -- Welcome to

ADULT CLASSES - TEACHER Mr Tat Ming Tsui

SATURDAY 1.00 pm - 2.30 pm

ORANGA PRIMARY SCHOOL HALL

The first class was held on the 23rd May and grandparents that brought their grandson to Kung Fu class came to the class and thoroughly enjoyed the learning experience. And will be back for more conversation and to learn some Chinese culture Be part of the "in" Group. Tsui Lao See is very knowledgeable on Chinese culture and a very experienced ex-primary teacher ! Come along and join in 'Learning to Speak in Cantonese' the fun way. Fees are \$5 per lesson or \$7 for a family couple.

My grandson went to the Pre school class on the 16th May and was singing the Welcome song (well, half of it) after the first lesson. The next week he couldn't wait to go again – he is 4 years and 2 months. There are huge advantages learning a language as a pre-schooler – they pick up the tones perfectly. And its fun- they sing, dance and play games and most importantly get immersed in the language. I do encourage you to give this opportunity to your child or grandchild.

Connie Kum
Co ordinator

Venue Oranga Primary School Hall, Rangipawa Road, One Tree Hill

Time Saturday
* Preschool 9.30 – 11 am
* Primary One 11.15 - 12.45 pm
* Primary Two 1.00 - 2.30 pm
* Adult Class 1.00 - 2.30 pm

Term 2 Saturday 2 May - 4 July 2009 Vacancies at all levels.

For more information contact

Connie Kum cojay@xtra.co.nz Phone 625 8611
Debbie Sew Hoy qbee@ihug.co.nz Mobile 021 2716010

NZCA AUCKLAND INC - KUNG FU CLASSES

Just a short note to report on the success of the Kung Fu classes taught by **Master Shumann Poon**. That all the boys have now passed their 1st Grade except for Matthew who had joined the class fairly recently so is doing extra classes to catch up. The boys and their parents are very enthusiastic in learning this discipline. This is very encouraging.

Connie Kum
Co ordinator

LIFE IN THE 1500'S

Interesting! The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s:

These are interesting. ..

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, 'Don't throw the baby out with the bath water.'

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip off the roof. Hence the saying 'It's raining cats and dogs.'

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying 'dirt poor.' The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing. As the winter wore on, they added more thresh until when you opened the door it would all start slipping outside. A piece of wood was placed in the entranceway. ... Hence the saying a 'thresh hold.'

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while.

Hence the rhyme, 'Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old.'

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could 'bring home the bacon.' They would cut off a little to share with guests and would all sit around and 'chew the fat.'

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or 'upper crust.'

Lead cups were used to drink ale or whisky. The combination would sometime s knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of holding a 'wake.'

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a 'bone-house' and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the 'graveyard shift') to listen for the bell; thus, someone could be 'saved by the bell' or was considered a 'dead ringer.'

And that's the truth... Now, whoever said that History was boring !!!

Educate someone. Share these facts with a friend...I just did!!

2009 NZCA Leadership Development Conference,

Reflecting back on the 2009 NZCA Leadership Development Conference, all I can say is that I totally underestimated the amount of fun and awesome experiences I would have that week. I initially went into the LDC not really knowing what to expect I would get out of it, and by the end of it, I was left brimming with new ideas and confidence, and of course an awesome group of new-found friends. The speakers and activities I participated in all contributed to my self development in many ways, and I really enjoyed the whole experience the six day LDC gave to me.

Our schedule for the week was jam packed with activities to do and speakers to listen to, so we wasted no time getting stuck into things once everyone arrived at the camp. Dunedin mayor Peter Chin gave us the first taste of the 21 speakers to come over the week, and I was immediately captured by stories of his family's history in NZ as a lot of it seemed similar to my own parent's stories. A couple of the other key note speakers I enjoyed listening to included Ant Sang, Chris Chong, and Victor Huang who talked about their jobs and had some very inspirational words of advice for following our dreams and keeping our minds open to different opportunities. And of course I can't forget James Liu, who's 'Hot or Not' seminar immediately woke me up from my battle to keep myself awake after our 3 hours of sleep the previous night.

The rest of the week was also heaps of fun and I loved every single minute of it. The Chinese folk dancing was very enjoyable as we got split up into our six groups, each learning a different dance which we had to later perform at the awards ceremony night. At first our group of 8 were a little hesitant as the dance moves were a little 'different' from what we were used to, but soon we were laughing and jumping around full of energy (or Bacchus-D) doing our 'hop hop clap claps'. I found myself settling in very smoothly with the others as I realised that the majority of the other delegates were in the same boat as me and also identified themselves as 'bananas', aka Kiwi Chinese.

When it came time for the group work, I was very fortunate to be put in a group with such an awesome bunch of people (ToD FTW!). The Myers-Briggs personality tests that we were required to complete before attending the LDC were a good reflection as to each person's personality types and it was very interesting to see how accurate it was. Throughout the week, I became more aware of the different types of dimensions which make up a person's personality, and I think the rest of the whole group noticed this too as we ended up getting on really well with each other. Our team did awesome in the different challenges we were given as we all contributed to the team effort, recognising everyone's strengths and weaknesses. One of the main activities for the Conference was LDC's own version of the Dragons Den and it was very entertaining to watch everyone's presentations and see what ideas the other groups came up with for it. I am proud of our group's work as we ended up coming in a close second, losing out to first place by just 1 point (out of 300).

The lack of sleep from the late nights was always a killer the next day because none of us were used to getting up for 7am classes of tai chi, but we somehow managed to do it and survive throughout the week. People say that when you are having fun, time flies, but for me, that one week at camp actually went by quite slowly as I made sure I took in every minute of it and had fun. My memories of every activity and what I learnt and experienced at the camp, I'm sure I will remember forever. All the speakers were very inspirational and the range of topics they talked about and backgrounds they came from were very interesting to hear.

The LDC has given me a lot more confidence in myself and has taught me to speak up and follow my dreams, no matter what other people might think or say. I can honestly say that the LDC is one of the best weeks ever and I would definitely love to go on it again. I believe that it was the people I was surrounded with that made that week so much fun, and it wouldn't have been the same without the amazing friendships I have made.

Kirsten Young

[RETURN TO SEYIP LAND

June 2009

Are you Seyip? You have just got to go & see the place your parents came from. It is in Toishan, about a 3 hour bus ride from Hong Kong. My first visit there was in 1995, it was a dusty highly populated backwater, city of China. But now multi storied apartments abound, new shops, restaurants, malls & plazas as well. The locals are friendly. And it was nice to strike strangers who talked just like my mum and her friends. China is building fast. If you have a local guide, they can point you in the direction of some great eating places. Food was really good. We went to a very palatial restaurant , just about 15 minutes drive from our hotel. It was unbelievable the



number of chandeliers and gold laid pillars they had dotted around the place. The waiting staff were dressed in beautiful costumes and treated us with all the pomp and ceremony reserved for kings. Neville had the first piece of suckling pig and the rest was soon scooped down. No one in the family complained about the price of food because it was all great quality and cheap.

In the mall there was a shop selling leather shoes at a 60% discount. I came out with five pairs and I don't remember how many Sue came out with. The shop manager/ owner was all smiles. He kept the doors opened after 10pm for us.

My father & his brothers' houses stand in the middle of a mound in a rice field. It had been ransacked years ago. The floor boards were lifted up, because the burglars thought there would be gold hidden there.



You can still see the alter shrine with its words, a few decorative painting on the tiles on the wall. Nothing else. It is possible to think that my father had some good times there. But I have been told of how the brothers fell on hard times and food was very scarce. They were pretty close to starving. I guess that is why the Seyips make sure that their relatives were all looked after when they started earning in the 'Gold Mountains'. A new neighbour is moving in. There is a huge pond of water nearby and there is also the small farm house he is going to build. Good for him. I hope he does well. I can see all the work before him! His water buffalo grazes lazily in the pond. I say, "You had better fatten up, you have a lot of work ahead of you!"



Further back behind my father's house is a gentle sloping hill which we decided to climb to look for headstones that had similar names as ours. Most of them were Fong headstones. Still the climb to the top in the sun was worth it. There was a light breeze, and a breath taking view of the distant peaks.



Time marches on. The poverty of the 1900's have gone. Or should it be better to say, it has improved a lot. All the young and adventuresome who could finance a trip to New Zealand or other Gold Mountain countries have "done well". They in turn have remembered the "Old Country" and have remitted money back to their loved ones. The whole area has now moved on. A feeling of sadness pervades me now. My grand children will probably not be able to see this and explore their heritage as I have done. The neglected grey brick stone walls will be gone. The elders of the village who still can recall the ones who left the village years ago will also have moved on.

Rose Luey

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Advertising available

Rates for a display advertisement	1/8 page	\$40 per issue or \$140 prepaid for 4 issues
	1/4 page	\$60 per issue or \$210 prepaid for 4 issues
	1/2 page	\$100 per issue or \$350 prepaid for 4 issues
	Full Page	\$200 per issue or \$700 prepaid for 4 issues

The NZCA (Auckland Branch) newsletter will publish advertisements depending on if payments and information for advertisement is given within 2 weeks of publishing. The newsletter is to be published in the first month of summer, spring, autumn and winter. Enquiries to NZCA (Auckland Branch) committee members

NZCA AUCKLAND BRANCH (INC)

2009 ANNUAL BOWLS TOURNAMENT (ANY COMBINATION OPEN TRIPLES)

**EPSOM BOWLS – 77 THE DRIVE – EPSOM
SUNDAY 6th SEPTEMBER 2009**

ENTRY FORM

	First Name	Surname	Phone	Club
Lead				
Second				
Skip				

Email Address for each player:

Lead _____

Second _____

Skip _____

Format: Triples (3 bowls) of any combination – Astro-grass Green

Duration: 3 games of 1 hour 20 minutes

Registration: 9.00am

Starting Time: 9:30am

Prizes: Winners Trophy. Prizes for 1st, 2nd, 3rd. Spot prizes

Cost: \$36 per team to cover green fee and teas [Own lunches] Hot soup and Bread available

Dress Code: Mufti

Cancellation: Broadcast on Newstalk ZB Cancellation Service.

Individual entries are welcome if you are unable to make up a team. Please state your preferred place and we will try to place you accordingly.

NZCA reserves the right to alter the format and duration of games should the need arise.

Presentation of Trophy at Moon Festival Dinner at Mandarin Seafood Palace Restaurant on Saturday 12th September 2009.

Please contact Virginia for details.

Entries To: Virginia Chong
29 Shipherds Avenue
Epsom, Auckland 1023

Ph: 630-6641 or 021-982-726
Email: vchong@ihug.co.nz

Entries Close: Sunday 30th August 2009

30 very useful lessons mothers teach but only sad thing is that we did not listen.

1. My mother taught me **TO APPRECIATE A JOB WELL DONE**. 'If you're going to kill each other, do it outside. I just finished cleaning.'
 2. My mother taught me **RELIGION**. 'You better pray that dirt will come out of the carpet.'
 3. My mother taught me about **GOD**. 'You are going to die when your father gets home'
 4. My mother taught me about **DONATIONS**. 'You better give that ball to your little brother'
 5. My mother taught me **LOGIC**. 'Because I said so, that's why.'
 6. My mother taught me **MORE LOGIC**. 'If you fall out of that swing and break your neck, you're not going shopping with me.'
 7. My mother taught me **FORESIGHT**. 'Make sure you wear clean underwear, in case you're in an accident.'
 8. My mother taught me **IRONY**. 'Keep crying and I'll give you some more things to cry about.'
 9. My mother taught me about the science of **OSMOSIS**. 'SHUT your mouth and EAT your supper.'
 10. My mother taught me about **CONTORTIONISM**. 'Will you look at that dirt on the BACK of your neck?'
 11. My mother taught me about **STAMINA**. 'You'll sit there until all that vegetable is gone.'
 12. My mother taught me about **WEATHER**. 'This room of yours looks as if a typhoon went through it.'
 13. My mother taught me about **HYPOCRISY**. 'If I told you once, I've told you a million times. Don't exaggerate!'
 14. My mother taught me about **LIFE**. 'You break that glass and you are going to wish that you were never born'
 15. My mother taught me about **KARMA**. 'You break that glass, I break your neck'
 16. My mother taught me the **CIRCLE OF LIFE**. 'I brought you into this world, and I can take you out.'
 17. My mother taught me about **BEHAVIOR MODIFICATION**. 'Stop acting like your father!'
 18. My mother taught me about **ENVY**. 'There are millions of less fortunate children in this world who don't have wonderful parents like you do.'
 19. My mother taught me about **ANTICIPATION**. 'Just wait until we get home.'
 20. My mother taught me about **RECEIVING**. 'You are going to get it when you get home!'
 21. My mother taught me **MEDICAL SCIENCE**. 'If you don't stop crossing your eyes, they are going to freeze that way.'
 22. My mother taught me **ESP**. 'Put your sweater on; don't you think I know when you are cold?'
 23. My mother taught me **HUMOR**. 'When that lawn mower cuts off your toes, don't come running to me.'
 24. My mother taught me **HOW TO BECOME AN ADULT**. 'If you don't eat your vegetables, you'll never grow up.'
 25. My mother taught me **GENETICS**. 'You're just like your father.'
 26. My mother taught me about my **ROOTS**. 'Shut that door behind you. Do you think you were born a cow?'
 27. My mother taught me **WISDOM**. 'When you get to be my age, you'll understand.'
 28. My mother taught me about **GOVERNMENT**. 'I am your mother, you better listen to me.'
 29. My mother taught me about **POLITICS**. 'You, your brothers, your sisters AND your useless father are all the same'
- And my favorite:*
30. My mother taught me about **JUSTICE**. 'One day you'll have kids, and I hope they turn out just like you.'

Anon.

CONGRATULATIONS TO ALL THE KIDS WHO WERE BORN IN THE 1920's, 30's 40's, 50's, 60's and 70's !!

First, we survived being born to mothers who smoked and/or drank while they carried us and lived in houses made of asbestos. They took aspirin, ate blue cheese, tuna from a can, and didn't get tested for diabetes or cervical cancer. Then after that trauma, our baby cribs were covered with bright colored lead-based paints. We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets or shoes, not to mention, the risks some of us took hitchhiking.

As children, we would ride in cars with no seat belts or air bags. Riding in the back of a Ute on a warm day was always a special treat. We drank water from the garden hose and NOT from a bottle. Take away food was limited to fish and chips, no pizza shops, McDonalds, KFC, Subway or Red Rooster. Even though all the shops closed at 6.00pm and didn't open on the weekends, somehow we didn't starve to death! We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.

We could collect old drink bottles and cash them in at the corner store and buy Fruit Tingles and some fire crackers to blow up frogs and lizards with. We ate cupcakes, white bread and real butter and drank soft drinks with sugar in it, but we weren't overweight because.....

WE WERE ALWAYS OUTSIDE PLAYING!!

We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day. And we were O.K. We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes. We built tree houses and cubby houses and played in creek beds with matchbox cars. We did not have Playstations, Nintendo's, X-boxes, no video games at all, no 99 channels on cable, no video tape or DVD movies, no surround sound, no mobile phones, no personal computers, no Internet or Internet chat rooms.....**WE HAD FRIENDS** and we went outside and found them! We fell out of trees, got cut, broke bones and teeth and there were no Lawsuits from these accidents.

Only girls had pierced ears! We ate worms and mud pies made from dirt, and the worms did not live in us forever. You could only buy Easter Eggs and Hot Cross buns at Easter time.....no really! We were given BB guns and sling shots for our 10th birthdays, We drank milk laced with Strontium 90 from cows that had eaten grass covered in nuclear fallout from the atomic testing at Maralinga in 1956.

We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just yelled for them! Mum didn't have to go to work to help dad make ends meet! Footy had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment. Imagine that!!

Our teachers used to belt us with big sticks and leather straps and bully's *always* ruled the playground at school. The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law! Our parents got married *before* they had children and didn't invent stupid names for their kids like 'Kiora' and 'Blade'.... This generation has produced some of the best risk-takers, problem solvers and inventors ever!

The past 70 years have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, and we learned **HOW TO DEAL WITH IT ALL!** And YOU are one of them!

CONGRATULATIONS!

You might want to share this with others who have had the luck to grow up as kids, before the lawyers and the government regulated our lives for our own good.



NZCA MEMBERS LUNCH TIME BREAK AT MOTUTAPU ISLAND (above)

LIFESTYLE GROUP – TAI CHI LESSONS



LSG VISIT TO MACADAMIA FARM



REFRESHMENTS (above) and PLANTING TREES (r)

